

# RAINBOW MESSENGER SEPTEMBER, 2009



• **WALKING:** - In climate-controlled banquet room, twenty-five (25) laps equals a mile.



• **OUTSIDE WALKING TRAIL:** - Each lap equals 1/3 Mile.



• **FITNESS ROOM:**  
Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



• **CARDS:** - Card tables available for your use on a daily basis.



• **BILLIARDS/POOL:** Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 to 3:45 p.m.



• **COMPUTER LAB:** - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computer. Come in and let them help you out!!

## **REGULAR SCHEDULED ACTIVITIES:**



• **EXERCISE CLASS** meets Monday and Thursday mornings at 9:00 a.m. We meet in the Banquet Room. Our exercises are designed to help keep your joints limber.



• **TLC CLASS (Tender Loving Crafts Class):** Are you ready to try something new? We've got just the thing for you! Join the TLC (Tender Loving Crafts) Class at **9:00 a.m. Tuesdays** in the Craft Room. The studio fee is \$3.00 per session. Project supplies will be at cost. Stop by and see what we're making. Betty Hoffman is the delightful teacher who comes up with the various projects. This month's projects are:

Sept. 1<sup>st</sup>– Floral Water Color  
Sept. 8<sup>th</sup>– Jeweled Bangle Bracelet  
Sept. 15<sup>th</sup>– Paint South West Ceramic  
Sept. 22<sup>nd</sup>– Artistic Floral Arrangement  
Sept. 29<sup>th</sup>– Air Dry Clay Art



• **SINGING SENIORS:**  
The Singing Seniors meet on Friday mornings at **10:00 a.m.** at the Habig Center. **On Friday, September 18<sup>th</sup>** we will be singing at **St. Charles Health Campus at 10:00 a.m.** Come join them some time.



• **BINGO** will be held on **Tuesdays, September 8<sup>th</sup>, 22<sup>nd</sup>** and **29<sup>th</sup>** beginning at **12:00 noon.** We ask you to keep bills to \$5 and under or correct change. Thanks for your cooperation. Cost \$1.00 per card to play all 50 games and \$.25 to play in the two coveralls. Beginning at 11:30 a.m. someone will be there to collect.



• **QUILTING BEES** will be held on **Mondays, September 14<sup>th</sup> and 28<sup>th</sup>** from **9:00 a.m. to 3:00 p.m.** All quilters are welcome to attend and lunch will be provided. We appreciate all the quilting that you do for us!!

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• **CARD TOURNEYS:**

- **Thursday, Sept. 10<sup>th</sup>**  
Cinch Tourney
- **Thursday, Sept. 17<sup>th</sup>**  
Rum Tourney

Games start at 12:00 (noon) and last till at least 3:00 p.m. \$1.00 entry fee is requested and prizes will be given away. Please sign up by 10:00 a.m. the morning of the tourney. **Cinch tourney consists of six (6) games and Rum tourney is 7 games.** Hope you'll join us.

• **CATERED MEAL:** Join us for our catered meal at the Dave Buehler Plaza on the River walk Thursday, September 24th. We'll have the shelter houses by the restrooms on the plaza. Lunch is at 11:30 a.m. We'll offer golf cart rides along the river walk for Senior Citizens. Lunch is by Quiznos, the menu is: Assorted submarine sandwiches, cup of broccoli cheese soup, cookie and raspberry lemonade. Cost of the meal is \$6.00, payable at the river walk. Please have correct change. **Reservations are due to the Center by 12 p.m., Tuesday, September 15th.**



• **CROCHET CLUB** will meet at **1:00 p.m. Wednesday, September 9<sup>th</sup>** in the craft Room at the Center. We welcome all Senior Citizens who

enjoy crocheting. Some interest has been shown in learning to crochet. How many of you would be interested in teaching crochet lessons? Please come to our meeting or call 482-4455 to let us know if you're interested in teaching.

\*\*\*\*\***SPECIAL ACTIVITIES:**\*\*\*\*\*

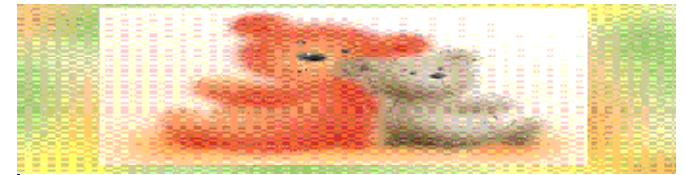
• **LUNCH BUNCH:** Tuesday, September 15th we'll be going to Heichelbech's Restaurant for Lunch Bunch. Everyone is welcome to join us, it's dutch treat. **We'll meet there to eat at 11:30 a.m. Please call your reservation in to the Center at 482-4455 by 3:00 p.m. Tuesday, September 8th.**



• **BOOK CLUB:** Notice the change in dates for our **BOOK CLUB** this month. We'll be meeting on the 16th of September at 1:00 p.m. which is a Wednesday. The ladies loved "The Chocolate Lover's Club" and wished you would have joined us. September's book is "The Guernsey Literary & Potato Peel Pie Society" by Mary Ann Shaffer, & Annie Barrows. In October, how fitting, they picked a murder mystery. The book is "The 8th Confession" by James Patterson. I hope you'll mark your calendar for September 16th to join us.

• **SUNDAYS:** The Center will be open Sundays from 1:00 to 4:00 p.m. for your enjoyment. Thanks for offering to open the Center. We're still looking for volunteers to open on Sundays. Please call the Center at 482-4455 if you can open for us.

• **THE HABIG ROOM:** The Habig Room will be open for touring by appointments. Call the office at: 482-4455 to set up a time that is convenient for you. Thank you.



• **BEAR STUFFING:** On Tuesday, September 15th from 1:00 to 3:00 p.m. in the Arts & Crafts Department. Free soft drinks!! The bear blanks were donated by the previous "Creation Station" We will **"BUILD THE BEARS"** and donate them to the Department of Child Services. Sign-up sheet is at the front desk. Please sign-up so we will have an idea how many will be here. Thanks in advance for all your help. It is for a good cause.



• **RECIPE EXCHANGE:**

**Black & White Brownies:**

1- 19 to 21 oz. pkg. fudge brownie mix  
1- 10 to 12-oz. pkg. white baking pieces  
1—cup semisweet chocolate pieces  
1/2—cup pecan pieces  
1/4—cup butter (melted)  
3—Tbs. hot water  
2—cups sifted powdered sugar  
1/4-cup unsweetened cocoa powder  
1—tsp. vanilla / 3/4—c. pecan pieces  
1. Preheat oven to 350°. Grease the bottom of a 13x9x2-inch baking pan, set aside. Prepare brownie mix according to package directions. Stir in half of the white baking pieces, all of the semisweet chocolate pieces, and the 1/2 c. pecans. Spread the batter in the baking pan.  
2. Bake about 30 min. or until center is set. Sprinkle with the remaining white baking pieces, bake for 1 min. more. Cool in pan on a wire rack.  
3. For frosting, in a small bowl combine melted butter and hot water; stir in powdered sugar, cocoa powder and vanilla. Beat by hand until smooth. Spoon over top of brownies. Sprinkle with the 3/4 c. pecans. Cool about 1-1/2 hrs. or until frosting is set. Cut into bars. (36 pieces) Submitted by: Priscilla Starkey

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## HAPPY SEPTEMBER BIRTHDAYS!!

- 3<sup>rd</sup> Dorothy Messmer
- 6<sup>th</sup> Betty Kempf
- 7<sup>th</sup> Mary Ann Vogler
- 11<sup>th</sup> Pat Sermersheim
- 13<sup>th</sup> Shirley Hurst
- 13<sup>th</sup> Wilma Lottes-St. Charles Health  
Campus
- 15<sup>th</sup> Mary Bachman
- 17<sup>th</sup> Don Renner
- 18<sup>th</sup> Betty Gehlhausen
- 20<sup>th</sup> Barbara Hoffman
- 22<sup>nd</sup> Tom Fehribach
- 22<sup>nd</sup> Verona Prechtel—Brookside Village
- 22<sup>nd</sup> Vicki Welp
- 23<sup>rd</sup> Herb Welp
- 24<sup>th</sup> Marge Bohnert
- 24<sup>th</sup> Vera Renner
- 25<sup>th</sup> Jo Ellen Carrico
- 27<sup>th</sup> Verlin Kenworthy
- 28<sup>th</sup> Ellen Jochem
- 30<sup>th</sup> Margie Ranger

## HAPPY SEPTEMBER ANNIVERSARIES!!

- 5<sup>th</sup> Mr. & Mrs. Jim Gramelspacher
- 6<sup>th</sup> Mr. & Mrs. Virgil Messmer
- 8<sup>th</sup> Mr. & Mrs. Herb Welp
- 9<sup>th</sup> Mr. & Mrs. Alfred Coffey
- 11<sup>th</sup> Mr. & Mrs. Urban Eckert
- 13<sup>th</sup> Mr. & Mrs. Kenny Schepers
- 15<sup>th</sup> Mr. & Mrs. Chester Hanebutt



- **BOOMERAMA:** On Monday, September 21st we will have Food For Thought at 12:00 p.m., a Motivational Luncheon. The guest speaker will be Alison Plavchak of the Office of the Indiana Attorney General: Vista Outreach will present a program on: Unclaimed Property, Patient Abuse and Neglect, Consumer Protection, Telephone Privacy, Mortgage Foreclosure Prevention and Medicaid Fraud. As always the program is sponsored by: Tri-Cap RSVP / Habig Center Older Americans—Dubois County Substance Abuse Council.

- **TRIPS:**
- **DERBY DINNER PLAYHOUSE:** We will leave the Armory Parking Lot at 9:30 a.m. on Wednesday, September 23rd. Pick-ups are available at Huntingburg Methodist Church and Ferdinand Legion for those requesting it. Call the Center for times of departure.
- **FUTURE TRIP:** We're planning a trip to Huber Orchard for **Wednesday, October 21<sup>st</sup>.** Enjoy the large Farmers Market, Ice Cream Shop and Winery. Join us for a fun day "on the farm". **We'll leave the Armory at 9:30 a.m.** On the way to Starlight, reservations have been made to eat at Ryan's at Corydon, IN. Afterwards we'll continue to Huber's Orchard. While there take advantage of the Farmers Market. They'll have plenty of apples and pumpkins, check out what else they have. Cost of the trip will be **\$23.00** for: Transportation and lunch at Ryan's. **Sign-ups start at 7:30 a.m. on Monday, September 14<sup>th</sup>. Money is due by 12 p.m. on Wednesday, September 30<sup>th</sup>.** Pick-ups can be made in Huntingburg and Ferdinand upon request.
- **CENTER CLOSING:** The Center will be closed on Monday, September 7th for the Labor Day Holiday. Have a great Holiday!!